



# NLMFA "ITTY BITTY" CHEERLEADING LOUD & PROUD IN TRAINING



**What is Itty-Bitty Cheerleading?**

The **Northern Lebanon Midget Football Association (NLMFA)** is proud to announce that we will be adding our youngest level of cheerleading called "**Itty-Bittys**"! This level of cheer is designed to be a fun introduction to cheerleading for **kids ages 3 and 4, as of April 30, 2022**. Cost for registration at this level will be \$50.00.

**What To Expect:** Practices for this level will begin in mid-August and run through early October. Practices will be held two evenings a week and will last 45 minutes to an hour at Fredericksburg Fireman's Park. The cheerleaders will learn the basics of cheerleading. They will learn cheers, play games and they will get to interact with some of the older cheerleaders. Each cheerleader will receive a Vikings Team Shirt and at the end of the season the cheerleaders will be able to perform at the 9th annual **ITTY-BITTY BOWL at the Northern Lebanon High School!**

**How Do I Register My Child?** You can visit our website at [www.nlmfa.com](http://www.nlmfa.com) to register online at anytime. You can also print this flyer, complete it, and mail it to: **PO Box 342 Jonestown, PA 17038 along with a check for \$50 made payable to: NLMFA**

If you have any questions in the interim, you can contact NLMFA President, Phil Shirk at (717)304-0293 or email him at: [metpound@verizon.net](mailto:metpound@verizon.net).

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## 2022 NLMFA "ITTY-BITTY" CHEERLEADING REGISTRATION

CHEERLEADER'S NAME \_\_\_\_\_ CHEERLEADER'S AGE **AS OF APRIL 30 2022:** \_\_\_\_\_

PARENT(S)/GUARDIAN(S): \_\_\_\_\_ CHEERLEADER'S BIRTHDATE \_\_\_\_\_

CHEERLEADER'S ADDRESS: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS(ES): \_\_\_\_\_

T-SHIRT SIZE: \_\_\_\_\_ CELL PHONE 1: \_\_\_\_\_ CELL PHONE 2: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ EMERGENCY PHONE: \_\_\_\_\_  
(OTHER THAN PARENT OR GUARDIAN, PLEASE)

GRADE ENTERING: \_\_\_\_\_ SCHOOL ATTENDING: \_\_\_\_\_

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